Crisis Intervention & Suicide Prevention

211 is here for anyone in emotional crisis or thinking of suicide. If you or someone you know

- Has a problem and doesn't know where to turn
- Is thinking of suicide
- Needs to know where to get help
- Wants to talk to someone who really listens

Call 2-1-1. When you don't know where to turn....we are here!



Other Services

211 HelpLine provides advocacy and support to vulnerable populations

Sunshine Telephone Reassurance

for isolated elders and adults with disabilities

Help Me Grow

for families with concerns about their child's behavioral, emotional & physical development





AGENCY MISSION:

211 Palm Beach/Treasure Coast's mission is to connect people to services 24 hours a day by understanding their individual, emotional, financial and community needs and to support the health & human service system as a whole.



"Entering our 5th decade of quality and caring service for the community!"

National Accreditation:

Alliance of Information & Referral Systems, American Association of Suicidology and Contact USA-Chat

Major Funders include:

Board of County Commissioners of Indian River, Martin and St. Lucie Counties; Children's Services Councils of Okeechobee and St. Lucie Counties; Hobe Sound Community Chest; Indian River Sheriff's Office; National Suicide Prevention Lifeline; Southeast Florida Behavioral Health Network; United Ways of Indian River, Okeechobee, Martin and St. Lucie Counties;

211**TreasureCoast**.org



When you don't know where to turn...

We're Here to Listen, We're Here to Help!

FREE • 24/7 • CONFIDENTIAL



211**TreasureCoast**.org

What is 211?

211 is a community helpline and crisis hotline. Highly trained and accredited Resource Specialists offer guidance and support in helping teens, adults, families, seniors, caregivers and professionals find the services they need.

Free, confidential, available 24 hours a day, 7 days a week.

Our Resource Specialists will:

- Listen as you explain your situation
- Assess your problems and needs
- Help you find answers to your questions
- Provide you with options

Se Habla Español Nou Pale Kreyòle

To Chat via Text Message, Text your zipcode to:

898211





Your Partner In Locating Community Resources

For everyday needs and in times of crisis...

SIMPLY CALL 2-1-1 to find out about and get connected to the following types of services and more:

Basic Human Needs:

Food, clothing, emergency shelter and rent/mortgage/utility assistance.

Physical & Mental Health:

Crisis intervention, victim services, domestic violence, health services, drug/alcohol treatment, mental health counseling, Medicare/Medicaid, support groups.

Employment Related:

Job training, resume assistance, educational programs, transportation assistance, day care.

Support for Children, Youth, & Families: Tutoring, advocacy, summer camps, child care.

Support for Older Adults:

Home delivered meals, senior centers, home health care, transportation, volunteer opportunities.

CHAT ONLINE DAILY 10am-8pm

211TreasureCoast.org

Real People, Real Problems...

"You saved my life. If you hadn't convinced me to give my gun to my sister, I don't think I'd be here today. I am so grateful that you were there for me last night." 30-year-old veteran

"I just needed to talk, and you really listened to what I had to say."

14-year-old girl who is unhappy in school and feels alone

"Thank you for working with me. I was having trouble paying my bills, and you connected me with an agency that's helping me get back on my feet." Single Mom

"My husband was starting to have memory problems, and I didn't know where to turn. I don't know what I would have done without your support." 75-year-old wife

My three year old has recently been diagnosed with a disability and you listened to me and let me know that I was not alone and there are services to help my son." Overwhelmed parent

